

for when you feel inadequate

The Lord has made
everything for its purpose.
- Proverbs 16:4

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for when you feel inadequate

What you say about yourself
means *nothing* in God's work. It's
what God says about you that
makes the difference.

- 2 Corinthians 10:18

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for when you feel inadequate

Who knows, perhaps you have
come to your royal position
for such a time as this.

- Esther 4:14

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for when you feel afraid

The light *shines* in the darkness,
and the darkness has not
overcome it.

- John 1:5

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for when you feel afraid

Be strong. Take courage. Don't be
intimidated. Don't give them a second
thought because GOD, your God, is striding
ahead of you. He's *right there* with you.
He won't let you down; he won't leave you.

- Deuteronomy 31:6

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for when you feel afraid

Be *generous* with your lives. By
opening up to others, you'll prompt
people to open up with God, this
generous Father in heaven.

- Matthew 5:16

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for when you feel alone

I am with you *always*, to the
end of the age.

- Matthew 28:20

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for when you feel alone

Since God assured us, "I'll *never* let you
down, never walk off and leave you," we
can *boldly* quote, God is there, ready to
help; I'm *fearless* no matter what.

Who or what can get to me?

- Hebrews 13:5

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for when you feel alone

In all these things we are *more* than conquerors
through Him who *loved* us. For I am persuaded that
neither death nor life, neither angels nor demons,
neither the present nor the future, nor any powers,
neither height nor depth, nor anything else in all
creation, will be able to *separate* us from the
love of God that is in Christ Jesus our Lord.

- Romans 8:38-39

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for when you feel undesirable

For we are God's *handiwork*, created
in Christ Jesus to do *good*
works, which God prepared in
advance for us to do.

- Ephesians 2:10

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for when you feel undesirable

You'll be a stunning *crown* in the palm of GOD's hand,
a jeweled gold cup held high in the hand of your God.

No more will anyone call you Rejected,

and your country will no more be called Ruined.

You'll be called Hephzibah *My Delight*,

and your land Beulah (Married),

Because GOD *delights* in you

- Isaiah 62:3-4

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for when you feel undesirable

Christ loved the *church* and gave himself for her
to make her *holy*, cleansing her with the washing
of water by the word. He did this to present the
church to himself in *splendor*, without spot or wrinkle
or anything like that, but holy and blameless

- Ephesians 5:25-27

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for when you feel undesirable

You are absolutely
beautiful, my darling, with no
imperfection in you
- Song of Songs 4:7

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for when you feel hopeless

"The LORD is my *portion*,"
says my soul, "therefore I will
put my *hope* in him"
- Lamentations 3:24

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for when you feel hopeless

Now we look inside, and what we
see is that anyone *wanted* with the
Messiah gets a fresh start, is
created *new*. The old life is gone;
a *new life* burgeons!
- 2 Corinthians 5:17

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for when you feel hopeless

The righteous *flourish* like the palm
tree and *grow* like a cedar in
Lebanon. They are *planted* in the
house of the LORD; they flourish
in the courts of our God.

- Psalm 92:12-15
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for when you feel defeated

Are you tired? Worn out? Burned out on religion?
Come to me. Get away with me and you'll recover
your life. I'll show you how to take a real rest. Walk
with me and work with me—watch how I do it. Learn
the unforced *rhythm of grace.* I won't lay anything
heavy or ill fitting on you. Keep company with me
and you'll learn to live *freely and lightly.*

- Matthew 11:28-30

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for when you feel defeated

Instead of your shame you will have a *double
portion,* And instead of humiliation they will
shout for *joy* over their portion. Therefore
they will possess a double portion in their land,

Everlasting joy will be theirs.

- Isaiah 61:7

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for when you feel defeated

Don't you see, you planned evil
against me but God used those same
plans for *my good,* as you see all
around you right now—*life*

for many people.

- Psalm 92:12-15

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for when you feel ill-equipped

Do not be conformed to this
age, but be transformed by the
renewing of your mind

- Romans 12:1

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for when you feel ill-equipped

You are the ones chosen by God, chosen
for the high calling of priestly work . . . to
tell others of the night-and-day difference he
made for you—from nothing to something,
from rejected to accepted.

- 1 Peter 2: 9-10

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for when you feel ill-equipped

Live creatively, friends . . . Make a
careful exploration of who you are
and the work you have been given,
and then sink yourself into that.

- Galatians 6:1,4

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for when you need an anchor



He will again have *compassion* on us; he will vanquish our iniquities.

You will cast all our sins into the *depths* of the sea.

- Micah 7:19

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for when you need an anchor



Where the *spirit of the Lord* is, there is *freedom*.

- 2 Corinthians 3:17

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for when you need an anchor



I pray that he may grant you, according to the *riches of his glory*, to be strengthened with power in your inner being through his Spirit, and that Christ may *dwell* in your hearts through faith. I pray that you, being rooted and firmly established in *love*, may be able to comprehend with all the saints what is the *length and width, height and depth* of God's love.

- Ephesians 3:14-18

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